

## YourHealthYourCommUNITY ~ A Day of Wellness

Saturday, October 1, 2016 ~ 10am - 2pm Ralph Wilson Youth Club

1515 South 25th St

The YourHealthYourCommUNITY ~ Day of Wellness, provides the opportunity to explore the diverse health and wellness programs available in East Bell County. Presented by Baylor Scott & White, The Temple Community Clinic, and the United Way of Central Texas; this free event will connect you, and your family, to resources that promote health, financial stability, education, basic needs, and fun!

Scott & White Healthcare is now part of







## Mark your Calendar for this FREE Family friendly event including:

- Musical Performances
- Wellness Fair
- Story Time for Kids
- Health Screenings
- Book Mobile
- EMS Equipment Display
- Cooking Demonstrations
- Flu Vaccine (Free to 1st 100 participants)
- Arts & Crafts
- Fitness Activities
- Magic Shows
- Massage Therapy
- And Much Much MORE!

For additional information, please contact us at healthfair@uwct.org